

SREE BALAJI MEDICAL COLLEGE AND HOSPITAL
PRESENTS



Yukthi

2021



NATIONAL MEDICAL SUMMIT

19-23 OCTOBER 2021

Yukthi 2021

Media Partner:



Ph: 7708787833



Message from the Dean

Greeting beloved students,

It gives us immense pleasure to introduce YUKTHI-2021. It is overwhelming that our students and faculty have come up with the third year of this successful event with each year having its triumphs and struggles and yet unique in many ways .

No stone has been left unturned in making their performance look spectacular. With a mix of Hands-on workshops, Webinars and Medical exhibitions this summit is definitely a one time opportunity to brush-up your basics and broaden your knowledge.

We look forward to welcoming everyone on our big day.

A stylized, handwritten signature in black ink, likely belonging to Dr. W.M.S. Johnson.

Dr. W.M.S. Johnson, M.D, PhD
Dean
Sree Balaji Medical College and Hospital



Message From The Vice-Principal

Think, Learn, Prosper

Yukthi has provided a platform to showcase a wide range of talents and has guaranteed entertainment. We promise you not only the academic deliberations of the highest standards but also the event will be remembered for hospitality, various cultural activities including fun, frolic, music & dance.

Keeping in the account of the COVID-19, It allows us, who are in the front lines of this impending doom, to regroup, exchange ideas, and be exposed to cutting-edge research. We are not alone in this predicament and this gives us the strength to persevere.

I take this opportunity to congratulate the team who have put immense efforts to organise this educational event with holistic benefit.

A handwritten signature in black ink, appearing to read 'J. Thanka'.

Dr. J. Thanka, M.D

Vice Principal

Sree Balaji Medical College and Hospital



Message From The Medical Superintendent

Yukthi 2021 has been a stepping stone to unleash one's talents and explore subjects beyond borders. We provide a forum for medical students in both academic and extracurricular activities to exceed bounds and discover the unknown.

This summit has put forth a wider horizon to experience hands-on workshops, electrifying virtual reality demonstrations, intriguing competitions.

With all mandatory COVID precautions, this summit will relentlessly strive to provide strategic learning experience with digital innovations in healthcare. I extend a hearty welcome to all of you and solicit your enthusiasm and cooperation to make this event a grand success.

A handwritten signature in black ink, appearing to read 'P. Sasikumar'.

Dr. P. Sasikumar, M.S
Medical Superintendent
Sree Balaji Medical College and Hospital



Message From The Organising Secretary

I deem it an honour and privilege to welcome you all for the National Medical Summit YUKTHI'21 conducted by the students of Sree Balaji Medical College. Over the past two years, the number of registrants partaking in our various educational and extracurricular activities has steadily increased.

We are stepping into the third year of this successful summit and are committed to continually embrace this at its best.

I wish the organizing committee and participants all the very best and extend my heartiest felicitations for a successful summit. Looking forward to your presence and aim to make this a memorable event.

A stylized, handwritten signature in black ink, consisting of a series of loops and a long horizontal stroke.

Dr. K. Dinesh, M.D

Organising Secretary

Sree Balaji Medical College and Hospital

Message From The Student Council

For the past 2 years our alma mater made YUKTHI a successful national summit. Our seniors are our true inspiration, and left their footpaths for us, to continue this wonderful summit, which never fails to bring out its new innovations and creativity, with different sets of events each year.

Days and Nights of work are put forth for you in this occasion, our aim is to provide every indian medical students with world class opportunities inclusive of webinars, surgical demonstrations, hands on simulators, exhibition, virtual reality learning with 3d specs, so on and so forth,

We extend our warm gratitude to our college management and faculties , who have equally encouraged, guided, and provided this platform for us.

As we know, "The ladder of success is best climbed by stepping on the rungs of the opportunity". So we hope this summit will turn out to be a handful of chances to learn from renowned and experienced professors, along with a wonderful theme to make your mind joyous.

Student Council
Sree Balaji Medical College and Hospital

NIVARINI - MEDICOS JUNCTURE

Karyashala - WORKSHOP

Prānalābha - MEGA BLS

Every Second Counts. Fight for every HEARTBEAT . Help save lives. Come join us in this hands-on Workshop on basic life support skill-set conducted by the renowned Fortis Hospital in collaboration with Society for Emergency Medicine in India.

Bhaishajya - EMERGENCY MEDICINE

Shapen up your fundamental rescue skills through case scenario discussions and Hands-on experience conducted by the renowned RELA institute.

Virōpayati - Medical Cosmetology

Beauty is only skin deep. Sparkle on the inside and out
Come and explore the latest innovations and trends in the science of Aesthetics and Skincare.

Arthashastra - GASTROENTEROLOGY

Your TUMMY rules the MIND.

Get the chance to witness and acquaint yourself with a sub-speciality course conducted by the world famous esteemed RELA institute on Endoscopy, ERCP, Fibroscan.

Agnivesha - SURGERY

Suture your way into an exclusive hands-on session. What you have learned can now be done by you. Various suturing techniques will be demonstrated.

Garbhāgriha - OBSTETRICS AND GYNAECOLOGY

Promoting Medicine. Providing lives. A hands-on training to comprehend PPH, Episiotomy, Shoulder dystocia, CuT insertion, Pap smear.

Tarka - INTERVENTIONAL RADIOLOGY

Specialize in diagnosis, treatment of injuries and diseases using medical imaging procedures.

Panchakarma - ENT

A space so complex yet works hand in glove with other structures...

It's the zone of smell, sound and speech .

Come join in this hands-on workshop on Hearing-aid , Nasal packing and Endoscopy.

Nayanam - OPHTHALMOLOGY

The smallest element of all, but yet so unique and crucial for a living.

Lets probe into the EYE and explore Refractive errors, corneal donation, Laser surgery, Diabetic retinopathy.

Maiiyakam - ORTHOPEDICS

The foundation of life. The pillar that supports oneself, needs proper attention. Enrich your knowledge with hands-on training done by the experts in this field. Don't miss the chance to experiment with Fracture POP.

Manolaya - ANESTHESIA

Waking up and realizing that you have forgotten whatever you remembered.

Come join in this workshop on intubation, intravenous access, supraglottic airway device.

Rigveda - RESPIRATORY MEDICINE

You never know what you inhale and what gets into you. But proper timely diagnosis is a must for recovery.

Grab the opportunity to view and learn about Spirometry.

Rasāyana - PHARMACOLOGY PANEL DISCUSSION

Drugs, Drugs everywhere but not a drop to treat, will this situation arise? Let us enhance our knowledge from an expert professors in this field !!.

Alchemist - MEDICAL ANTHROPOLOGY

Medicine isn't something emerged now!, It is created with art of experience, it is build with interest to relief the sufferings, Let's enjoy this webinar by understanding our ancestors approach to medicine.

Bhāsanam - WEBINAR

Bhuta Vidya - PSYCHIATRY

It is indeed an astonishing fact that everyone has their own personality, and in spite of our differences we hold our hands to share a common place. Let's celebrate humanitarian ties in this webinar!

Charaka - COMMUNITY MEDICINE

What is modern ERA, without the internet? What if it connects far people and distance the near ones!, Come together to explore the advance of the internet in the community.

Pace To Ace - NEXT

Confused about your PG preparation?, Here is the eye opening session, to solve your unsolved doubts, and get to know strategies to crack your pg with your expected ranks!

The Flying Dreams - FOREIGN MEDICINE

Want a different lifestyle? Wanna explore different cultures? Let your dreams take flight. This is your chance to create wings to fulfill your ambition. Enjoy practicing medicine in your desired destination.

Pratiyōgitā - COMPETITIONS

Raja Vaidya - EMERGENCY MEDICINE CONTEST

Stage for you to witness your Resuscitation strategy, Saving someone when you are the last hope !, Join this contest with your team to Master your Skillset in the medical world!.

Fiction To Facts - PAPER PRESENTATION

Master every step in the process of research, from selecting the topic to writing your own thesis. Learn the art of unlocking the key to the problems of medicine by perfecting the approach to research.

Vignette - POSTER PRESENTATION

One picture can replace 1000 words. Enjoy creating your own posters and presenting your ideas to the medical world, to get inspired by your creativity.

Reformer's Resolutions - POLICY MAKING

Worn-out of reading pre-formed policies, Interested to create one? Here is the interactive contest for you to learn, explore and build up your own policies under the supervision of well-known policy making officials!

Battle of the Brainics - QUIZ

Are you tired of regular age-old learning techniques? Are you quizoholic.. ?? This is your chance to get witty and decode the unknown., as the Quiz season is HERE.

HĀSYA-UNWINDING JUNCTURE

Pratiyōgitā - COMPETITIONS

SBMC MUN

MUN, place of hotseats for ambitious contenders to stand and experience the duty of future world leaders!.

Utsāha-FITNESS

Gaining weight is a fate but being fit is a choice, here is the platform for you to showcase your fitness and inspire the crowd.

Vadha Yuddham - DEBATE

Listen, think, speak. Your voice deserves to be heard.
Emboss your ideologies
Show your mettle.

Battle of Hydaspes - TALENT HUNT

You cannot discover new oceans unless you have the courage to lose sight of the shore. Why wait, when you can lite-up the stage.
Showcase your singing, dancing, monoact, mimicry, comical endowments.

INTERACTIVE TRIVIA

Get savvy and jaunty this winter, because the trivia is here. Don't miss it .. you might not always get it.

INSTAGRAM CONTEST

Hastalikta - ESSAY WRITING

Good writing, clear thinking, made visible.
Indite is the painting of the voice.

Karuthu Kandasamy - SLOGAN

Write your "Thathuvams" into a slogan. Express what you believe.

Ms.Desi Disney - RAMPWALK

Everyday is a fashion show and the world is the ramp walk they say. Stroll down the ramp.

Emotional Ekambaram - MEME

Unit of cultural information spread by imitation. Don't miss this chance to express your thoughts in the funniest way possible.

Kaaviyathalaivan - INSTAGRAM REELS

Let the act flabbergast the beholder. Divulge your talents with this platform.

Natya Shastra - QUARANTINE SHORT FILM

Pick up a camera! Short films does go too far ...

Let the frontlight witness the spectacle.

ONLINE GAMES

Join us in showing your gaming skills in this Yukthi
Play it, win it or try again let's just do this together

PES

Plan your strategy, gear up your teammates cause you gotta goal....

PUBG

Bomb your mad gaming skills with your squad in this arena.

Get ready to survive the fierce.

ALL DAY EVENTS

Gaming Garage - MEDICAL GAMES

Reclaim your curiosity, your sense of adventure, and have some fun
If not now then when .??!?

Chakradutta - Medical EXPO

Exhilarating Exhibition with amazing collections of hands on models, research works and exciting concepts. Come together to enjoy the expo!

Don't miss out this rewarding experience

Madhubani-Medically Artistic

Art is a magnificent creation to pour out your emotions! This place is for you to expose your exquisite talent, for everyone to ponder upon.

AVATAR-VR Zone

Where reality ends imagination begins. Virtual Reality has an exciting future and oodles of room to grow. Visualise the wonder in our VR Zone.

SCHEDULE

PRELUDE EVENTS

(9th October - 13th October 2021)

Day 1

- ❖ PES
- ❖ PUBG
- ❖ Meme
- ❖ Quarantine short film

Day 2

- ❖ PES
- ❖ PUBG
- ❖ Slogan
- ❖ QUIZ Prelims (6:00 - 7:00pm)

Day 3

- ❖ PES
- ❖ PUBG
- ❖ Rampwalk

Day 4

- ❖ PES
- ❖ PUBG
- ❖ Instagram Reels

Day 5

- ❖ PES
- ❖ PUBG
- ❖ Essay Writing

ONLINE EVENTS

(19th October - 20th October 2021)

Day 1

- ❖ Paper presentation (8:30-10:30am)
- ❖ Webinar (11:00-4:30pm)
- ❖ Policy making (4:30-6:00pm)

Day 2

- ❖ Poster presentation (8:30-10:30am)
- ❖ Webinar (10:30-2:30pm)
- ❖ Case presentation (2:30-4:30pm)
- ❖ Webinar (4:30-6:30pm)

ONGROUND EVENTS

(21st October - 23rd October 2021)

Day 3

- ❖ **INAUGURATION (10:30-11:30am)**
- ❖ **SBMC MUN (8:30-12:30pm)**
- ❖ **Workshops (8:00-12:00pm)**
- ❖ **LUNCH (12:30-2:00pm)**
- ❖ **Workshops (2:00-4:00pm)**

Day 4

- ❖ **Workshops (8:30-12:50pm)**
- ❖ **Quiz (8:30-11:30am)**
- ❖ **LUNCH (12:30-2:00pm)**
- ❖ **Debate Finals (2:00-2:30pm)**
- ❖ **Workshops (1:30-5:00pm)**

Day 5

- ❖ **Workshops (8:30-12:00pm)**
- ❖ **Quiz (9:00-12:00pm)**
- ❖ **Emergency Medicine Contest (9:00-11:00am)**
- ❖ **LUNCH BREAK**
- ❖ **Fitness (12:45-1:45pm)**
- ❖ **B-Talks + Talent Hunt (1:45-2:45pm)**
- ❖ **Interactive trivia (2:45-3:15pm)**
- ❖ **Award function + Valedictory (3:20-4:00pm)**

REGISTRATION

REGISTRATION FEE : Rs.800/-

(To attend any free events registration is compulsory)

INCLUSIVE OF -

- ❖ REGISTRATION KIT.
- ❖ LUNCH FOR TWO DAYS
- ❖ Medical Expo
- ❖ Virtual Reality Zone
- ❖ Medical Games
- ❖ Instagram Events
- ❖ Pharmacology Panel Disussion
- ❖ Webinar
- ❖ Competitions

Hands on workshop:

- ❖ Emergency Medicine
- ❖ Ophthalmology
- ❖ Orthopedics
- ❖ Interventional Radiology
- ❖ Gastroenterology
- ❖ Medical Anthropology
- ❖ Anesthesia
- ❖ ENT

EVENTS	FEE
BLS	₹ 800/-
Cosmetology	₹ 100/-
SURGERY	₹ 100/-
OBG	₹ 100/-
Respiratory Medicine	₹ 100/-
PUBG	₹ 50/-
PES	₹ 50/-

ONLINE EVENTS

TIMINGS	DAY 1	DAY 2
8:30-10:30am	Paper Presentation	Poster Presentation
10:30-12:30pm		Emergency Medicine Forum
11:00-1:00pm	Foreign Medicine	
1:30- 2:30pm	Psychiatry	Community Medicine
2:30-4:30pm	BLS Forum	Case Presentation
4:30-6:30pm	Policy Making	NEXT

ONGROUND EVENTS

TIMINGS	EVENTS	
	DAY 3	DAY 4
10:30-11:30am	Inauguration	
8:00-10:00am	Emergency Medicine	
8:30-10:30am	BLS	BLS
8:30-10:30am		Emergency Medicine
8:00-9:15am	Surgery	
9:30-10:45am	Surgery	
8:30-9:30am	Interventional Radiology	
9:45-10:45am	Interventional Radiology	
8:30-11:30am		Quiz (Semi-Finals)
8:30-12:30pm	SBMC MUN (UNFCCC)	
	SBMC MUN (UNHRC)	
10:45-12:45pm		OBG
		FITNESS
11:00-12:00pm	Pharmacology Panel Discussion	
10:40-11:40am		Orthopedics
11:50-12:50pm		Orthopedics

12:30 - 2:00pm	LUNCH	
1:30-3:30pm		OBG
		Debate Finals
1:45-3:15pm		Gastroenterology
		Medical Anthropology
3:30- 5:00pm		Gastroenterology
2:00-3:00pm	Cosmetology	
	Ophthalmology	
3:00-4:00pm	Cosmetology	
	Ophthalmology	

TIMINGS	DAY 5
8:30-10:30am	BLS
8:30-9:30am	Respiratory Medicine
	ENT
9:45 -10:45am	Respiratory Medicine
	ENT
9:00-12:00pm	QUIZ (Finals)
9:00-11:00am	Emergency Medicine Contest
9:45 -10:45am	Anesthesia
11:00-12:00 pm	Anesthesia
LUNCH BREAK	
12:45-1:45pm	Fitness Finals
1:45:2:45pm	B-Talks + Talent Hunt
2:45-3:15pm	Interactive trivia
3:20:4:00pm	Award function + Valedictory

ACCOUNT DETAILS

A/C NO : 6807101000546
NAME : SREE BALAJI MEDICAL COLLEGE AND HOSPITAL
IFSC CODE : CNRB0006807
CANARA BANK

PUBLIC RELATIONS

GENERAL ENQUIRY AND REGISTRATION :

RGK Samyuktha Pandian : 93841 18746
Shereen Fathima M.S : 97886 08786

WORKSHOPS

Sudhir : 73395 57534
Lingesh : 89393 48410

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Rachana : 81065 82031

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Ajeeth Kumar N : 7358404252

EDITORIAL TEAM :

Ashlin Sharan R : 9487249892
M. Kaaviyashree : 9445616520

TO REGISTER



<https://www.townscript.com/e/yukthi-2021-314421>



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YUKTHI 2K21



YUKTHI_2K21



7, Works Road, Shankar Nagar, Chromepet
Chennai, Tamil Nadu, 600044

ORGANIZING COMMITTEE

Chief Patron

DR. S. JAGATHRAKSHAGAN
Founder Chancellor, BIHER

Managing Trustee

DR. J. SRINISHA

Managing Director

ER. N. ELAMARAN

Organising Chairman

DR. W.M.S. JOHNSON
Dean, SBMCH

Vice Principal

DR. J. THANKA

Medical Superintendent

DR. P. SASIKUMAR

Organising Secretary

DR. K. DINESH

STUDENT COUNCIL

Organising Secretary

M. HRITINA
63694 74956

Organising Joint Secretary

HABEEB NATHIRA	I	SANTOSH RAJ
96339 88366		99443 44229

Creative Head

KUSHMITHAA HARISHENAN	I	GURU PRASAD
90871 03564		91594 77131

Treasurer

HONEY	I	SOHAIL HUSSAIN
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